

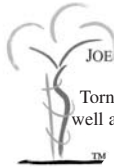
Arthroscopic Rotator Cuff Repair

December 10&11, 2010

Texas Orthopedic Hospital
Houston, Texas

Course Director
Gary M. Gartsman, MD

Texas Orthopedic Hospital
Fondren Orthopedic Group, LLP
Houston, Texas



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Tornier will provide in-kind support as
well as an unrestricted educational grant.



Registration

Registration Fees: \$2,000.00 for physician

\$3,000.00 for physician and non-physician assistant

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Fax this form to Kayle Berndt @ (713) 794-3395

or mail to : Joe W. King Orthopedic Institute, 7401 S. Main, Houston, TX 77030

You should receive a confirmation within 7 to 10 days. If not, please contact us at 713-794-3517.

Course Description

This course will teach orthopedic surgeons how to perform an arthroscopic rotator cuff repair. By focusing on one procedure and offering hands-on instruction, each registrant will receive the training needed to master the surgical techniques. The limited class size will provide time for each individual to practice the procedure on shoulder models. In addition, Dr. Gartsman will be available after each session for those who need more instruction, need more in-depth practice, or have questions. The surgical procedure will be broken down into individual steps including cannula placement, knot tying, suture management, and anchor placement. Each step will be learned, practiced, and mastered. Psychomotor checklists will be used to evaluate skill mastery.

Target Audience

This activity is designed for orthopedic physicians who are experienced in shoulder arthroscopy.

To ensure maximum educational value for all participants, attendees must be able to:

- perform an arthroscopic subacromial decompression within 30 minutes
- perform 30 rotator cuff repairs per year (open or arthroscopic)
- perform 50 shoulder arthroscopies per year

Objectives

Upon completion of the activity, participants will be able to:

- . understand the theoretical principles behind arthroscopic rotator cuff repair
- . describe applications for arthroscopic rotator cuff repair
- . perform an arthroscopic rotator cuff repair
- . manage intraoperative complications

Design & Educational Methods

Didactic lectures will be utilized to discuss the theoretical principles behind arthroscopic rotator cuff repair. Demonstrations and hands-on workshops will assist in the presentation, practice, and refinement of the surgical techniques.

Needs Assessment

Objectives and topics for this activity were developed from the following sources: medical journal literature review and the expertise of orthopedic surgeons specializing in surgery of the shoulder. This course is the most specific and extensive that is currently available for acquiring the knowledge and psychomotor skills needed to perform arthroscopic rotator cuff repair.

Continuing Medical Education

Continuing Medical Education credits are not being offered for this course at this time.

Registration

Registration Fee

\$2,000.00 for Physicians \$3,000.00 for Physician and a non-physician assistant

We encourage you to register early. **Enrollment for all courses is limited to twelve physicians.** The registration fee includes breakfasts, lunches, all meeting sessions, and all conference materials.

Refunds, less \$500.00 for administrative costs, will be given for cancellations received in writing 30 days prior to the course. NO REFUNDS WILL BE GIVEN AFTER THAT TIME.

Transportation

All course activities are located at Texas Orthopedic Hospital, 7401 South Main, Houston, Texas.

Participants will be responsible for their own transportation.

Tornier will provide in-kind support as well as an unrestricted educational grant.

Dr. Gartsman is a consultant for Tornier.

Friday – 7:00 a.m. – 5:00 p.m.

Lecture: Arthroscopic Rotator Cuff Repair

Lab I: Practice Board

Anchors
Insertion and Re-assembly
Suture Passing
Suture Management
Crochet hook, loop grasper

Observe Live Surgery 1 – Arthroscopic rotator cuff repair

Lab II: Practice Board

Knot Tying - video
Slip knot-Overhand knot

Observe Live Surgery 2 – Arthroscopic rotator cuff repair

Lab III: Practice Board with cannulas

Simple Repair
2 anchors – 4 sutures

Observe Live Surgery 3 – Arthroscopic rotator cuff repair

Lab IV: Shoulder Model without Arthroscope

Simple repair
2 anchors – 4 sutures

Lab V: Shoulder Model with Arthroscope

Simple repair
2 anchors – 4 sutures
3 anchors – 6 sutures

Lab VI: Shoulder Model with Arthroscope

Complex Tears
Longitudinal and Horizontal

Saturday – 7:00 a.m. – 5:00 p.m.

Lecture/video

Soft tissue releases for massive rotator cuff tears

Lab VII: Shoulder Model with Arthroscope

Knot tying review
Margin Convergence +/- distal anchors

Lab VIII: Biceps Tenotomy/Tenodesis

Lab IX: Shoulder Model with Arthroscope

Transverse tear 3 anchors-6 sutures
+ longitudinal tear

Lab X: Shoulder Model with Arthroscope

Transverse tear 3 anchors-6 sutures
+ horizontal cleavage tear

Lab XI: Shoulder Model with Arthroscope

Review

Lecture – Making the Transition from Open to
Arthroscopic rotator cuff repair

Lab XII: Shoulder Model with Arthroscope

Innovations in Arthroscopic Rotator cuff repair

New instruments
New methods of fixation
New techniques

Closing Comments, Evaluation